



## DRUGS AND ALCOHOL POLICY

TMS Cardiff Gas Ltd. conforms to recommendations contained within the OCIMF guidelines for the control of drugs and alcohol on board ships.

No person is permitted to board a Company vessel or operate a Company vessel or its equipment whilst under the influence of either drugs or alcohol.

No person is to carry on board drugs or alcohol for use by themselves or others on board or which may be used by persons not involved with the vessel.

The Company shall arrange for the periodical random and unannounced testing of all seafarers on board.

Alcohol impairment for Master, Officers and crew at all times, shall be defined as a Blood Alcohol Content (BAC) or alcohol in the breath of equal to or greater than:

**0.04% or 0.20mg/l**

The consumption of alcohol is not permitted, either ashore or on board, by any seafarer within a defined period prior to commencing their duties. This period is defined as a minimum of:

**FOUR HOURS**

The abuse or misuse of drugs and /or alcohol by any seafarer constitutes grounds for **immediate dismissal** from the vessel and Company service.

  
GEORGE KOURELIS  
COO